



TwinStar Online

What is TwinStar Online?

TwinStar Online is an e-learning program that helps you to learn constructive interaction skills. The better you and your co-workers master these skills, the better you get along with each other and the better becomes your working atmosphere. The contents of the program are available in English, German, Swedish and Finnish languages.

Where is the content from?

The program and its contents are developed by psychiatrist Dr. Ben Furman and he's colleague social psychologist and management coach Mr. Tapani Ahola. The concept is called the Twinstar.

The star

The blue star consists of four elements that create enthusiasm in and organization. These elements strengthen motivation and increase the experience of enjoyment in work. The yellow star consists of four situations, commonly seen as difficult or problematic. Other than constructive behaviour in these situations create a threat to the working atmosphere.

Exercises

The eight elements include interactive exercises that illustrate the difference between constructive and non-constructive interaction. The exercises help you to manage these interaction situations better. The program also includes tools for group work.

Ordering

User rights and information requests from info@twinstar.fi.



Screenshots of TwinStar Online